



Ukrainian Catholic Eparchy of Toronto and Eastern Canada
Українська Католицька Єпархія Торонто й Східної Канади
Éparchie Catholique Ukrainienne de Toronto et de l'Ést du Canada

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2026 and 2027 Fast and Fast-Free Periods

As the new year approaches, a reminder that canon 110, §1 of the Particular Law of the Ukrainian Catholic Church requires permission of the local hierarch for marriages to occur in fast periods or during fast-free weeks (*zahalnytsya*). The fast periods in 2026 and 2027 are as follows:

	2026	2027
Great Lent - Holy Week	February 16-April 3	February 8-March
Apostles Fast	June 1-June 28	May 24-June 28
Dormition Fast	August 1-August 14	August 1-August 14
St Philip's Fast	November 15-December 23	November 15-December 23

In addition to Fridays, the other fast days in the Ukrainian Catholic Church in 2026 are as follows (UGCC-PL, canon 115, §3):

	2026	2027
Eve of Nativity	December 24	December 24
Eve of Theophany	January 5	January 5
Beheading of St John the Baptist	August 29	August 29
Exaltation of the Precious and Lifegiving Cross	September 14	September 14

The fast-free weeks in 2026 are as follows (UGCC-PL, canon 115, §6):

	2026	2027
Afterfeast of Nativity to Theophany Eve	December 26-January 4	December 26-January 4
Publican and Pharisee Week	January 25-January 31	January 18 – January 24
Bright Week	April 6-April 12	March 28-April 3
Trinity Week	May 25-May 31	May 16-May 22

Additionally, a reminder that dispensation from fasting periods is granted not by the local pastor but only by the local hierarch (UGCC-PL, canon 115, §6, 4°).